



Templefield Lower School
Steppingly Road, Flitwick
Bedfordshire, MK45 1AJ
07715 638934

www.prostylekickboxing.co.uk

APPLICATION FORM: FLITWICK

JUNIOR CLASSES

PRO STYLE JUNIOR KICKBOXING classes are designed for children from five years of age up to thirteen. It is great for overall general fitness, mental attitude, self-confidence and self-control, and is an invaluable tool in teaching respect to others. As with all Martial Arts there is the opportunity to grade to achieve a belt as a measure of your consistency with training, your etiquette, your fitness and your strengths but this is not compulsory. At the club we have members ranging from complete beginners through to 3rd Dan Blackbelt. Grading is an extremely motivating process which encourages each child to train and practice to strive for the next belt; with a great sense of achievement when it is completed. Gradings are held regularly following the PSKB syllabus and every training session is totally different with a big emphasis on having fun. There are many competitions with prizes and a Student of the Month award. Our varied team of Instructors is on hand to ensure each child is given the encouragement and input needed to get the most out of each lesson. Each instructor is CRB checked and emergency first aid trained.

SENIOR INSTRUCTOR: Paul Childerley

Monday & Thursday

7 – 9 pm

PRICES: Membership (Gold) £55
Membership (Silver) £40
Lesson Fees £5
Licence/Insurance Fees £25

T-Shirt / Trousers, Licence, Attendance Card & Life Membership
T-Shirt / Trousers, Attendance Card & Life Membership
per lesson first month £20 Monthly standing order thereafter
Student Licence

For Insurance reasons membership fees must be paid before any training begins All fees payable to P. Childerley

Name _____ Age _____ D.O.B _____
Tel _____ Mobile _____
Address _____ Postcode _____

Any injury or illness? _____

Have you studied Martial Arts before? Yes / No. Give all details of style and grades you achieved _____

UNIFORM:

T-Shirt Size XS S M L XL Trousers Size 1 2 3 4 5 6

I enclose the amount of £ _____ Cash / Cheque to join as a Gold / Silver member of PRO STYLE KICKBOXING.

DECLARATION

I understand that the practice of Martial Arts allied activities at my new club is entirely at my own risk. I shall not hold responsible, its principal, officials, instructors or any fellow members for any injury I may sustain. I understand that membership is non-transferable and that all monies paid are non-returnable. I have filled in the above correctly and understand it fully.

Signed _____ Parents Signature if-18yrs _____ Date _____