



Templefield Lower School
Steppingly Road, Flitwick
Bedfordshire, MK45 1AJ
07715 638934

www.prostylekickboxing.co.uk

APPLICATION FORM: FLITWICK

ADULT CLASSES

PRO STYLE KICKBOXING has more to offer than any run of the mill Martial Arts School. The club is affiliated to B.K.C British Kickboxing Council. PRO STYLE KICKBOXING offers many courses including Self Defence, Control and Restraint, PSKB Syllabus & Weapon Training. All courses are exclusive to members only.

Beginners are only taught the basics of Martial Arts along with light exercise for fitness. You do not have to be fit to join as we gradually do that for you and Martial Arts training can help with weight reduction as well as toning up your body. Personal self-protection is a major part of our training; competition training is optional and is separate.

SENIOR INSTRUCTOR: Paul Childerley

Monday & Thursday

7 – 9 pm

PRICES: Membership (Gold)	£60
Membership (Silver)	£40
Lesson Fees	£6
	£25
	£36
Licence/Insurance Fees	£25

T-Shirt / Trousers, Licence, Attendance Card & Life Membership
T-Shirt / Trousers, Attendance Card & Life Membership
per lesson first month
per month for once a week (Standing order)
per month for twice a week (Standing order)
Student Licence

For Insurance reasons membership fees must be paid before any training begins All fees payable to P. Childerley

Name _____ Age _____ D.O.B _____
Tel _____ Mobile _____
Address _____ Postcode _____

Any injury or illness? _____

Have you studied Martial Arts before? Yes / No. Give all details of style and grades you achieved _____

UNIFORM:

T-Shirt Size XS S M L XL Trouser Size 1 2 3 4 5 6

I enclose the amount of £ _____ Cash / Cheque to join as a Gold / Silver member of PRO STYLE KICKBOXING.

DECLARATION

I understand that the practice of Martial Arts allied activities at my new club is entirely at my own risk. I shall not hold responsible, its principal, officials, instructors or any fellow members for any injury I may sustain. I understand that membership is non-transferable and that all monies paid are non-returnable. I have filled in the above correctly and understand it fully.

Signed _____ Parents Signature if-18yrs _____ Date _____